

Leadership Reset Guide: 5 Questions to Help You Lead When the Path Isn't Clear

When uncertainty is swirling and the next step feels foggy, pause. Reflect. Reset. These five questions help you come back to your center, clarity, and confidence—so you can lead with purpose, not panic.

1. What's real right now?

Ground yourself in the facts, not just the feelings.

Ask: What's actually happening—not the story I'm telling myself?

This clears emotional clutter and helps you respond, not react.

2. What needs attention—and what can wait?

Not everything is urgent. Not everything is yours to carry.

Ask: What's the ONE thing I can do that moves the needle most right now?

This keeps you from being pulled in a million directions.

3. Who needs to hear from me—and how?

In times of change, silence creates confusion.

Ask: Who needs reassurance, clarity, or direction from me right now?

Lead with empathy, transparency, and presence.

4. What am I modeling right now?

You teach more with your energy than your words.

Ask: If my team mirrored me today, would we be in alignment?

Reset your tone, pace, and intention if needed.

5. What would future me be proud of?

Zoom out from the moment and look at the big picture.

Ask: What action would make me proud six months from now?

Lead for legacy, not just for the moment.

Final Note:

You don't have to have all the answers.

You just need the courage to ask better questions.

Real leaders don't fake certainty—they lead with grounded clarity. And that starts with checking in... with you.



MIMI BROWN

AMPUPSUCCESS.COM